

## SURVIVAL TAKE HOME KITS



Sauce	750mls	1000ml	Packet of Pasta
Bolognese	\$20	\$25	\$5
Napoli	\$18	\$23	
Bosciola	\$20	\$23	
Chicken + Mushroom	\$20	\$25	
Chicken + Broccoli	\$20	\$25	
Ammatrianna	\$20	\$25	
Marinara	\$25	\$30	
Sausage + Porcini	\$25	\$30	
Puttanesca	\$20		
King Prawn Napoli	\$30	\$35	
Sausage	\$20	\$25	
Salmone	\$23	\$27	
Veal Schnitzel single serve	\$25		
Chicken Schnitzel single serve (crumbed not cooked - no side)	\$25		
Meat Lasagne Single serve	\$16		
Minestrone soup	\$14	\$18	

Garlic Bread	\$5
Pizza (1/2 cooked not cut - can be frozen)	\$ as per menu

All food can be frozen as we always use fresh ingredients.
When re-heating ENSURE you reheat it rapidly to 60"C or hotter.
When thawing frozen food it's best to plan ahead
and thaw it in the refrigerator and then reheat as normal.
Pizza - preheat oven at top temperature and place
in oven on a tray for only 5 mins or until your desire.

